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## How to get help from Angels? Kyle Gray, Glasgow

**Guest:** Kyle Gray

**Date:** September 20, 2012

**Length:** 19:24

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**LILOU:** Hello my juicy co-creators! Lilou here. I'm in Glasgow in Scotland today at the I Can Do It conference with Kyle. Hello Kyle.

**KYLE:** Hello there. Thank you for having me.

**LILOU:** Thank you. I'm excited that we were able to make this happen and sit down and have this conversation on angels.

**KYLE:** Yeah and I have a very cool industrial background as well. It works, it works, definitely.

**LILOU:** I've noticed that you like this industrial look because I've seen the cover of your book.

**KYLE:** Yeah.

**LILOU:** It's called the Angel Whisperer because you're an angel whisperer?

**KYLE:** Yes, yeah, 'the' angel whisperer in the UK. But yeah I'm from [??] so the industrial look's very important, my looks, for me definitely I like to kind of push out there.

**LILOU:** I love the accent.

**KYLE:** Thank you very much. I like yours as well.

**LILOU:** You were considered as the youngest UK professional, psychic professional at 16, super young.

**KYLE:** I was very young; I was probably far too young when I look back at it now. But it's definitely part of what I call my training. It was that moment when I needed to be out there and very young to kind of get a taste on it. But between then and now, I had a 2-year break, I studied music and just to kind of bring myself back as well.

**LILOU:** You were a DJ too?



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**KYLE:** Yeah, a DJ, I host music as well. I'm DJ in Glasgow and different places.

**LILOU:** So how does that fit with the angel readings?

**KYLE:** It doesn't really fit. I think that's the coolest thing about, it was more, my parents used to say that I needed to have something to ground me. And my dad was a DJ as well and he just said, why don't you and study music for a while and see how you go on. And it was really good for me because it helped me be myself so that then I can help others to that as well.

**LILOU:** So this happened all to you at a very early change, because at the age of 4, you all of a sudden start having conversation with angels and this is related to your grandma, could you explain this? Because this is very, very young.

**KYLE:** So the first experience with heaven for me was more when I was 4 and my grandmother and I had this amazing connection. She just had cancer, lymphoma, believe it or not, we heard about it yesterday, and she was in a wheel chair and at the same time I contracted a virus called GuillanBarre and I was paralyzed in a wheel chair as well. So to make things easier for my mom who was the carer for both of us, we shared a wheel chair. I sat on her lap and everywhere she went, I went too. And we had this almost soul mate bond, this amazing bond, and then the evening that she was moving home to heaven and a neighbor was looking after me and I woke up with her tickling my back and my health actually improved whereas hers declined and she had to go home as I call it home. But she tickled my back and then I told my parents about it the next morning, it was a complete [??] home that I'd seen my grandmother. And that was like, from that moment for me, it's like my sensitivity increased, everywhere I went, I felt things.

**LILOU:** But you didn't shut down. That's a very important thing to speak about because a lot of parents don't have the same reaction with their kids because it happens quite often to kids from my understanding that we are very much in touch with that world.

**KYLE:** Yeah. I think that, if you think about being an adult, we are brought up and we've got experience and we are almost taught to believe what we can see and children have this real sensitivity that's kind of innocence about them where they will believe everything if they can see it as well but the thing is nobody can tell them what they are wrong at the very early ages of our life. So to see angels and maybe other spiritual beings, that's just completely natural to say whereas when we grow up we're taught to, no, no, no that's not right, that's maybe unusual. Whereas the start of my [??] encourage kids, you don't have stay up a table, a psychic fair and tell them to [??] things but you can encourage their sensitivity to believe in a higher power to support them rather than anything else. I'm very encouraging of people, expressing their sensitivity. I also know that there's a very concrete world out there but we have to look after ourselves. And I think that's what a lot of parents do. They just want their kids to be safe.



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**LILOU:** Yeah.

**KYLE:** But we're trying to make this world more safer. To speak about maybe spiritual things.

**LILOU:** So what is your view on angels? How do you see the world of angels? How does that appear to you? how did it start? How did this change over time?

**KYLE:** You know, angels, for me, I'll tell what I see them, like I see them as just divine beings of light. So the only way I can describe as old movie 'Cocoon', have you seen it? But it's like this outline of a human being but followed with light. That's how I see angels. But I've also seen physical angels where they have, my angel looks like Obama, that's somebody I can describe, but 7-foot Obama, slightly darker skin. One morning I woke up with this 7 and a half foot men standing by my bed and I was like, oh my goodness, what is that? You know the being looked at me straight in the eyes and didn't change, didn't move, didn't speak. I just see him and I kept on, you know, as you would do, and he didn't disappear. So I went on as normal and I came back to my room and they were still there and it was so funny because that day, I actually, the phone call from a national newspaper saying if I would like to write an angel column for them. So it was like my angels were and like, we've got some work to do.

**LILOU:** Nice time.

**KYLE:** Nice time to shine.

**LILOU:** So you do work on a regular basis and you're a columnist?

**KYLE:** Yeah, I write a column for the Scottish Sun and it's so funny, they reach 440,000 every week. So it's amazing to be able to have this opportunity to share my insight, angels, and I always make it clear that I'm not trying to convey anyone into this angel feather cult. But more just to open them, they need to see that there's more out there that meets the eye, definitely.

**LILOU:** How are those communications and how do you receive this information?

**KYLE:** About the angels?

**LILOU:** Yeah.

**KYLE:** A lot of the time, I get really vivid dreams, I have very powerful dreams but I just kind of know things, you know that, where you just know something. It's almost like it's just planted on my head this idea and share it and it seems to be most of the time correct.



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**LILOU:** More angels now than ever? Or is it kind of your surrounded by other beings and you have also developed your own kind of guidance and it's not so much, how did that evolve? Because I'm very interested in the illusion of it because I guess we're all on a path.

**KYLE:** Yeah, but for me, over in Scotland, [??] are very, very back and popular and I went to this solstice chart and it's very, very early on to [??] communicate of deceased loved one rather than just angels. But then I thought that because it didn't do a lot of angel communication, I had to go and find my own way. So I felt like this spiritual trip was really great because it gave me this firm foundation where what was respectable, what was diplomatic, what you can put out there and what I just, just incorporate my knowledge of angels. It doesn't always stand from my own kind of experience ago for traditional background of angels. So I kind of pull from all different ways and share different ideas for people to use in their life. So I always say to people that there's no correct way of doing that. If it feels right for you, then it's right for you, definitely.

**LILOU:** So let's get into practical aspect of it. I am sure you've asked very, very often how can we communicate with angels or are we all able to do this, this is a skill or talent that we can develop or only for some of us?

**KYLE:** I believe that each and every single one of us has one or more angels, so absolutely, we can all speak to them in some way. Everyone doesn't know very, very definite way but one of the statements I teach people and give people to take away with them is there's very simple statement that you see and then watch for the signs and the presence of angels in your life. Thank you angels for reminding me of your presence. Very simple. Thank you angels for reminding me of your presence. And what we're doing here is instead of saying please tell me you're there, please give me a sign, we're not in fear, we're just trusting that they're gonna show their presence to us. So thank you for reminding me of your presence angels. Something like that and you will feel them and we're gonna do that in the auditorium today and I'm gonna do an experiment where I'm gonna ask them to email the next couple of days to see how, what they've felt or what they've seen. But those angels are real. People walking back and everything, their angels are there and yours too.

**LILOU:** The big ones.

**KYLE:** Huge, absolutely massive. The one thing about, the one thing I can describe angels are like elongated humans, they're very big and they have this amazing thing about them where, you know when we look at someone and we kind of look them up and down and we check out what they're wearing without even realizing it. When I've met an angel or when I've seen an angel, one thing they do is they look at us with unconditional love, no judgment, just look at us and see pure potential and love. I



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think that's amazing. So a lot of the time, when I see angels very close up, like I can't handle the emotion, that's beautiful.

**LILOU:** Can they help us when we have doubt and choices to make in life, we feel something is wrong but we don't have a proof, can they help us to really bring solidity or tangible things also?

**KYLE:** You know that's another statement that I use often. Whenever in doubt or you're unsure about a decision or a situation in your life, I always say this, thank you angels for revealing to me what I need to know.

**LILOU:** Are you ready to know?

**KYLE:** Yeah. It's what I need to know and I think that's really, really important because so many of us want to hear what we want to know or what we'd like to hear but sometimes angels are very upfront and they'll just tell us the truth. But that will, you know, to avoid a lot of heart break and I think that's amazing. So whenever in doubt, just say, thank you angels for revealing to me what I need to know. And trust the first thing that comes into your gut and that's like, okay I need to change something here. so that's what I do.

**LILOU:** And it can support in their energy or when a communication is needed, really anything.

**KYLE:** Yeah, definitely, but there's all different kinds of things. One of my favorite cases is a lady came to me just being –

**LILOU:** Some of those are in there.

**KYLE:** Yeah. That's one lesson in there because it might be enough for you but a lady came to see me one time who sat down and her angels told her that she had a sister that she never knew about and she didn't believe when I said that, the angels are telling me you have a sister and her other sister in Canada [??] who said something very, very similar. I asked the angels in heaven for more information on that and they pinpointed on a map where she would be and gave me this back story and names of the people included in the situation and we do a bit of investigating into it and she actually found her sister was born and sold on the black market in Scotland and then taken to New York and I pin pointed exactly where in New York that should be found with the help of the angels. And I think that's amazing that even if you don't know what you're gonna ask, when you say, thank you for revealing to me what I need to know, like she did that time, the angels revealed to her that she had a sister out there that could support her and that her family wasn't complete until she had her back. And the other sister's in touch. It's amazing. So you know, the angels, if you're open to their help, they can help you with anything even



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if it's just finding a new job or getting enough money to pay the bills, just thank them. Instead of saying please, say thank you angels for helping me about this situation and then watch what happens.

**LILOU:** People say, like David Hamilton, you're very, you're startlingly accurate.

**KYLE:** It's so funny. David Hamilton and me have become very good friends from being and he hosts some things but when I was first talking about writing the book, he came and had a chat with me, [??] coffee and his angels came through. And we were chatting away and bla, bla, bla, but they told me there was something wrong with his shoe. And I said, the angels are just saying to me what is wrong with your shoe, David? And he's like, are you taking [??]. and I said, there was also a man called Danny here and that was his grandfather's name and he's like, uhuh, okay, this is weird. And he says, I'm gonna show you I'm quite embarrassed about but I have to show you. And I said, what's going on? And he lifted up his shoe and there was a hole in the sole. And he's like, hey did you know that? You were sitting down before I even entered, hey did you know that? And I was like, the angels told me. So it was kind of [??] but he said I was accurate because I told him some facts that nobody could have found out.

**LILOU:** Could we do a little something here to show that? Is there a way to tune in?

**KYLE:** There is a way of me tuning in. everybody is very important for me, there's a lot of people walking by but when I'm speaking to you, you have 3 angels and that is really, really amazing because most of us have one or two, but there's 3 angels with you and I'll tell you the one thing that I feel, ever since you've been young, you've always had this inquisitive nature. As much as you are somebody who is very believing and this kind of thing, there's always this voice that likes to question things and look into things and I think that's an amazing thing. But I feel maybe about 10 years ago, something really changed in your life and this is when this angel joined your journey.

**LILOU:** The third one.

**KYLE:** The third one. Because I feel and I don't know to extent what you do in your life or anything but I feel something very important that you need to do in your life as well. You've maybe not done it yet but there's this angel really, really pushing you and there's something very spiritual inside you that she had to come out. And I feel like that's very important. It's maybe not shown through yet but you're definitely walking on it. The one thing about you is you're such a perfectionist. You're not done until it's completely right. It needs to be a hundred percent. And that's what I feel. Maybe that's not too evidential to your viewers but I know that the angels are in some way walking with you just now. Consciously or unconsciously to try and help you to shine because there's a lot more potential in there.

**LILOU:** Thank you. Thank you for that. Is there something that you feel is important to say to people watching right now about those times about we're ending, we're towards the end of 2012, people are



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worried. This is mentioned in international crowd here watching and so is there something that you would like to, that you feel is important to say or that the angels are whispering?

**KYLE:** You mean the one thing for me, it's so funny because in my head, I just keep repeating, it's not the end, it's not the end. I think that 2012 and 2013 goes beyond those years. There's definitely nothing to worry about. But I feel the shift and change in the planet is definitely an opportunity for us to become more compassionate, more loving and to think in a different way and instead of trying to keep everything exactly as it is, be open to change, welcome change and instead of trying to force things to happen, just allow your angels to be the wings that carry you forwards. This is a very important thing for me. Allow your angels to support you. that's what they're there for. There's no point in having an angel and not allowing them to help you. so just say, angels thank you for being the wings that carry me forward. And that's what I would share for 2012 and beyond.

**LILOU:** Thank you so much Kyle. I wish you a lot of fun on stage this afternoon.

**KYLE:** Very much. I'm so excited to be here and especially my hometown as well.

**LILOU:** This is a big beautiful auditorium.

**KYLE:** Yes. I'm really excited. In London, actually, too.

**LILOU:** Yes. Oh you'll be there.

**KYLE:** Yeah, definitely.

**LILOU:** Sold out for the I Can Do It conference in London.

**KYLE:** 900 people, wow, thank you very much. I'm excited.

**LILOU:** The angels definitely carried you.

**KYLE:** Yeah. Definitely and that's one thing I have to say to people. I keep my life very, very simple and I don't go out there and do anything in particular or special but I just say, angels thank you for supporting me. And because I trust them so much, life just presents with all these opportunities, like meeting you today and being able to share this.

**LILOU:** Yeah, very spontaneously done with the innocence and play and fun.

**KYLE:** Yeah, definitely. I loved it. Thank you.

**LILOU:** Thank you to you. Thank you my beautiful angels out there. I love you guys. Bye.



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